LUNCH **May 2024** Monday **Tuesday** Wednesday Thursday Friday Veggie Chef Salad w/ WG Dinner Roll ey Nachos w/ Refried Beans & Tortilla Chips Deep Dish Pepperoni Pizza Cheese Pizza Kit Cheese Enchilada w/ Salsa Verde Double Cheese Sandwich w/ Roasted Fava Beans Egg Salad Sandwich Beef, Bean & Cheese Burrito Cheese Tamale w/ Black Beans Chicken Tamale w/ Diced Carrots Chicken Salad Sandwich w/ Roasted Fava Beans Chicken Burrito Bowl w/ Black Beans Grilled Cheese Sandwich Roasted Chickpeas Chicken Caprese Salad w/ WG Dinner Roll Banana (1/2 C) 1% Low Fat White Fat Free White Milk Celery Sticks (1/4 C) Apple (1/2 C) 1% Low Fat White Side Salad - Lettuce, Carrot, Tomato WRanch (1 C) Orange (1/2 C) 1% Low Fat White Fat Free Chocolate Mill Fat Free White Milk Fat Free Chocolate Milk Fat Free White Milk Cheeseburger w/ Oven Baked Fries Cheese Melt Sandwich w/ Oven Baked Fries Fat Free Chocolate Mill Fat Free Chocolate Milk Cheeseburger W/ Oven Baked Fries Cheese Melt Sandwich w/ Oven Baked Fries Shelf Stable Beef Bites & Cheese Stick, Poptilas, Applesauce, Veg Juice & Milk Taco Hummus w/ Cheese Stick & Paradise Punch Fat Free Chocolate Milk Cheeseburger w/ Oven Baked Fries Cheese Melt Sandwich w/ Oven Baked Fries Shelf Stable Beef Bittes & Cheese Stick, Poptillas, Applesauce, Veg Juice & Milk Taco Hummus w/ Cheese Stick & Paradise Punch Shelf Stable Beef Bites & Cheese Stick, Poptillas, Applesauce, Veg Juice & Milk Taco Hummus w/ Cheese Stick & Paradise Punch Chicken Tamale w/ Diced Carrots Sunbutter Cup, String Cheese, Crackers, Carrots & Chicken Tamale w/ Diced Carrots Chicken Tamale w/ Diced Carrots Chicken Tamale w/ Diced Carrots Sunbutter Cup, String Cheese, Crackers, Carrots & Apple Roasted Chickpeas Apple (1/2 C) Fat Free White Milk Chicken Tamale w/ Diced Carrots Sunbutter Cup, String Cheese, Crackers, Carrots & Apple Roasted Chickpeas Apple (1/2 C) Fat Free White Milk Apple Roasted Chickpeas Apple (1/2 C) Fat Free White Milk 1% Low Fat White 1% Low Fat White 1% Low Fat White 10 Cheeseburger w/ Oven Baked Fries Chicken Bites w/ Mashed Potatoes Chicken Tamale w/ Diced Carrots Turkey Nachos w/ Refried Beans & Tortilla Chips Deep Dish Pepperoni Pizza Turkey Nachos w/ Retried Beans & Tortilla Chips Chicken Salad Sandwich w/ Roasted Fava Beans Double Cheese Sandwich w/ Roasted Fava Beans Cheese Tamale w/ Black Beans Chicken Fajitas w/ Pinto Beans & Poptillas Celery Sticks (1/4 C) Veggie Chef Salad w/ WG Dinner Roll Turkey & Cheese Torta Sandwich Turkey & Cheese Sub Sandwich w/ Baby Carrots Chicken Car ese Salad w/ WG Dinner Roll Cheese Torta Sandwich Cheese Melt Sandwich w/ Oven Baked Frie veggie Cher Salad W/ WG Dinner Koll Cheese Pizza Kit Bean & Cheese Pupusa w/ Salsa Cup tasta Chicken Teriyaki w/ Cabbage & Carrot Roasted Chickpeas Vowbutter & Jelly Sandwich w/ Baby Carrots Cheese Lasagna w/ Tomato Basil Sauce Chicken Alfredo Pasta w/ Steamed Broccoli Egg Salad Sandwich heeseburger Mac & Chee Deep Dish Cheese Pizza Che Crispy Chicken Sandwich w/ Oven Baked Fries Baby Carrots (1/4 C) Side Salad - Lettuce, Carrot, Tomato w/Ranch (1 C) Baby Carrots (1/2 C) Side of Oven Baked Fries (1/2 C) Orange (1/2 C) 1% Low Fat White Banana (1/2 C) Apple (1/2 C) 1% Low Fat White Orange (1/2 C) 1% Low Fat White 100% Fruit Juice 4 oz 1% Low Fat White 1% Low Fat White Fat Free White Mill Fat Free White Milk Fat Free White Mill Fat Free White Milk Fat Free White Milk Fat Free Chocolate Milk Cheeseburger w/ Oven Baked Fries Cheese Melt Sandwich w/ Oven Baked Fries Shelf Stable Beef Bites & Cheese Stick, Poptillas, Applesauce, Veg Juice & Milk Taco Hummus w/ Cheese Stick & Paradise Punch Fat Free White Milk Fat Free Chocolate Milk Fat Free Chocolate Mill Fat Free Chocolate Milk Fat Free Write Wilk Fat Free Chocolate Milk Cheeseburger w/ Oven Baked Fries Cheese Melt Sandwich w/ Oven Baked Fries Shelf Stable Beef Bites & Cheese Stick, Poptillas, Cheeseburger w/ Oven Baked Fries Cheese Melt Sandwich w/ Oven Baked Fries Shelf Stable Beef Bites & Cheese Stick, Poptillas, Cheeseburger w/ Oven Baked Fries Cheese Melt Sandwich w/ Oven Baked Fries Shelf Stable Beef Bites & Cheese Stick, Poptillas, Cheeseburger w/ Oven Baked Fries Cheese Melt Sandwich w/ Oven Baked Fries Shelf Stable Beef Bites & Cheese Stick, Poptillas, Applesauce, Veg Juice & Milk Taco Hummus w/ Cheese Stick & Paradise Punch Applesauce, Veg Juice & Milk Taco Hummus w/ Cheese Stick & Paradise Punch Applesauce, Veg Juice & Milk Taco Hummus w/ Cheese Stick & Paradise Punch Applesauce, Veg Juice & Milk Taco Hummus w/ Cheese Stick & Paradise Punch Chicken Tamale w/ Diced Carrots Sunbutter Cup, String Cheese, Crackers, Carrots & Chicken Tamale w/ Diced Carrots Sunbutter Cup, String Cheese, Crackers, Carrots & Apple Roasted Chickpeas Chicken Tamale w/ Diced Carrots Sunbutter Cup, String Cheese, Crackers, Carrots & Apple Roasted Chickpeas Chicken Tamale w/ Diced Carrots Sunbutter Cup, String Cheese, Crackers, Carrots & Apple Roasted Chickpeas Chicken Tamale w/ Diced Carrots Sunbutter Cup, String Cheese, Crackers, Carrots & Apple Roasted Chickpeas Apple Roasted Chickpeas Apple (1/2 C) Fat Free White Milk Fat Free White Milk Fat Free White Milk Fat Free White Mill Fat Free White Milk 1% Low Fat White 1% I ow Fat White 1% Low Fat White 1% Low Fat White 1% Low Fat White 13 14 15 16 17 Cheeseburger w/ Oven Baked Fries Deep Dish Pepperoni Pizza n Caprese Salad w/ WG Dinner Roll Egg Salad Sandwich Chicken Tamale w/ Diced Carrots Chicken Bites w/ Mashed Potatoes Turkey Nachos w/ Refried Beans & Tortilla Chips Turkey & Cheese Torta Sandwich Turkey & Cheese Sub Sandwich w/ Baby Carrot Wowbutter & Jelly Sandwich w/ Baby Carrots Veggie Chef Salad w/ WG Dinner Roll Cheese Pizza Kit hey Kathos W , Kerned Beans & Rothia China hicken Salad Sandwich w/ Roasted Fava Bean uble Cheese Sandwich w/ Roasted Fava Bear Cheese Tamale w/ Black Beans Cucumber Slices (1/4 C) w/ Tajin Cheese Torta Sandwich Cheese Torta Sandwich Cheese Melt Sandwich w/ Oven Baked Fries Hot Dog w/ Oven Baked Fries Baby Carrots (1/4 C) Side of Oven Baked Fries (1/2 C) 100% Fruit Juice 4 or " I con 5-4 White Bean & Cheese Pupusa w/ Salsa Cup Chicken Enchilada w/ Salsa Verde Grilled Cheese Sandwich Cheese Lasagna w/ Tomato Basil Sauce Chicken Teriyaki w/ Not So Fried Rice &Diced Carrot Hamburger Side Salad - Lettuce, Carrot, Tomato w/Ranch (1 C) Baby Carrots (1/2 C) **Roasted Chickpeas** Apple (1/2 C) 1% Low Fat White Fat Free White Milk Baby Carrots (1/2 C) Orange (1/2 C) 1% Low Fat White Fat Free White Milk Fat Free Chocolate Milk Cheeseburger w/ Oven Baked Fries Cheese Melt Sandwich w/ Oven Baked Fries Banana (1/2 C) Orange (1/2 C) 1% Low Fat White 1% Low Fat White Fat Free White Milk Fat Free Chocolate Milk Cheeseburger w/ Oven Baked Fries tese Melt Sandwich w/ Oven Baked Fries Fat Free White Milk Fat Free Chocolate Milk Cheeseburger w/ Oven Baked Fries Cheese Melt Sandwich w/ Oven Baked Fries 1% Low Fat White Fat Free White Milk Fat Free Chocolate Milk Cheeseburger w/ Oven Baked Fries Cheese Melt Sandwich w/ Oven Baked Fries Shelf Stable Beef Bites & Cheese Stick, Poptillas, Fat Free White Milk Fat Free White Milk Fat Free Chocolate Milk Cheeseburger w/ Oven Baked Fries Cheese Melt Sandwich w/ Oven Baked Fries Shelf Stable Beef Bites & Cheese Stick, Poptillas, Applesauce, Veg Juice & Milk Taco Hummus w/ Cheese Stick & Paradise Punch Che Shelf Stable Beef Bites & Cheese Stick, Poptillas, Shelf Stable Beef Bites & Cheese Stick, Poptillas, Shelf Stable Beef Bites & Cheese Stick, Poptillas, Applesauce, Veg Juice & Milk Iummus w/ Cheese Stick & Paradise Punch Chicken Tamale w/ Diced Carrots tter Cup, String Cheese, Crackers, Carrots & Applesauce, Veg Juice & Milk Jummus w/ Cheese Stick & Paradise Punch Chicken Tamale w/ Diced Carrots tter Cup, String Cheese, Crackers, Carrots & Applesauce, Veg Juice & Milk lummus w/ Cheese Stick & Paradise Punch Chicken Tamale w/ Diced Carrots tter Cup, String Cheese, Crackers, Carrots & Applesauce, Veg Juice & Milk Taco Hummus w/ Cheese Stick & Paradise Punch Chicken Tamale w/ Diced Carrots Sunbutter Cup, String Cheese, Crackers, Carrots & Taco Huu Chicken Tamale w/ Diced Carrots Sunbutter Cup, String Cheese, Crackers, Carrots & Apple Roasted Chickpeas Apple Roasted Chickpeas Apple Apple Apple Roasted Chickpeas Roasted Chickpeas Roasted Chickpeas Apple (1/2 C) Fat Free White Milk 1% Low Fat White Apple (1/2 C) Apple (1/2 C) Fat Free White Milk 1% Low Fat White Apple (1/2 C) Fat Free White Milk Fat Free White Milk 1% Low Fat White Apple (1/2 C) 1% Low Fat White Fat Free White Milk 1% Low Fat White 20 21 22 24 23 heeseburger w/ Oven Baked Fries Turkey & Cheese Torta Sandwich Cheese Torta Sandwich Chicken Bites w/ Mashed Potatoes Turkey & Cheese Sub Sandwich w/ Baby Carrots Wowbutter & Jelly Sandwich w/ Baby Carrots Chicken Tamale w/ Diced Carrots Veggie Chef Salad w/ WG Dinner Roll Cheese Pizza Kit Turkey Nachos w/ Refried Beans & Tortilla Chips Chicken Salad Sandwich w/ Roasted Fava Beans Double Cheese Sandwich w/ Roasted Fava Beans Deep Dish Pepperoni Pizza n Caprese Salad w/ WG Dinner Re Egg Salad Sandwich Cheese Tamale w/ Black Beans Chicken Burrito Bowl w/ Black Beans Cucumber Slices (1/4 C) w/ Tajin Melt Sandwich w/ Oven Baked Fries Cheese Lasagna w/ Tomato Basil Sauce Cheese Enchilada w/ Salsa Verde **Grilled Cheese Sandwich** Baby Carrots (1/4 C) Beef Bulgogi w/ Broccoli Baked Beef Ziti Beef, Bean & Cheese Burrito Side of Oven Baked Fries (1/2 C) Baby Carrots (1/2 C) Roasted Chickpeas Side Salad - Lettuce, Carrot, Tomato w/Ranch (1 C) Apple (1/2 C) Apple (1/2 C) 1% Low Fat White Fat Free White Milk Fat Free Chocolate Milk 100% Fruit Juice 4 of Orange (1/2 C) 1% Low Fat White Banana (1/2 C) 1% Low Fat White Orange (1/2 C) 1% Low Fat Whit 1% Low Fat White Fat Free White Mill 1% Low Fat White Fat Free White Milk Fat Free Chocolate Milk Cheeseburger v/ Oven Baked Fries Cheese Melt Sandwich v/ Oven Baked Fries Shelf Stable Beef Bites & Cheese Stick, Poptillas, Fat Free White Mill Fat Free White Mill Fat Free Chocolate Mill Fat Free Chocolate Mill Fat Free Chocolate Mill Cheeseburger w/ Oven Baked Fries Cheese Melt Sandwich w/ Oven Baked Fries Shelf Stable Beef Bites & Cheese Stick, Poptillas, Cheeseburger w/ Oven Baked Fries Cheese Melt Sandwich w/ Oven Baked Fries Shelf Stable Beef Bites & Cheese Stick, Poptillas, Cheeseburger w/ Oven Baked Fries Cheese Melt Sandwich w/ Oven Baked Fries Shelf Stable Beef Bites & Cheese Stick, Poptillas, Cheeseburger w/ Oven Baked Fries Cheese Melt Sandwich w/ Oven Baked Fries Shelf Stable Beef Bites & Cheese Stick, Poptillas, Applesauce, Veg Juice & Milk ummus w/ Cheese Stick & Paradise Punch Chicken Tamale w/ Diced Carrots Applesauce, Veg Juice & Milk ummus w/ Cheese Stick & Paradise Punch Chicken Tamale w/ Diced Carrots Applesauce, Veg Juice & Milk Taco Hummus w/ Cheese Stick & Paradise Punch Chicken Tamale w/ Diced Carrots Sunbutter Cup, String Cheese, Crackers, Carrots & Applesauce, Veg Juice & Milk Taco Hummus w/ Cheese Stick & Paradise Punch Chicken Tamale w/ Diced Carrots Sunbutter Cup, String Cheese, Crackers, Carrots & Applesauce, Veg Juice & Milk Taco Hummus w/ Cheese Stick & Paradise Punch Chicken Tamale w/ Diced Carrots Sunbutter Cup, String Cheese, Crackers, Carrots & Sunbutter Cup, String Cheese, Crackers, Carrots & Sunbutter Cup, String Cheese, Crackers, Carrots & Apple Apple Apple Apple Apple

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1% Low Fat White

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