September Breakfast

This institution is an equal opportunity provider. Menus are subject to change without notice.



		CER SCHOOL		
Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
	Mantecada Muffin NEW! Froot Loops Cereal w/ Honey Grahams Breakfast Burrito	NEW! Strawberry Yogurt Parfait w/ Cinnamon Granola Cinnamon Chex Cereal w/ Honey Grahams NEW! Maple Beef Sausage & Pancake Sandwich	NEW! Apple Jacks Cereal w/ Honey Grahams Egg & Cheese English Muffin Sandwich Blueberry Muffin	Cinnamon Roll NEW! Froot Loops Cereal w/ Honey Grahams Egg & Cheese Empanada
9	10	11	12	13
Cinnamon Crumble NEW! Froot Loops Cereal w/ Honey Grahams Egg & Cheese English Muffin Sandwich	Yogurt w/ Honey Grahams Cinnamon Chex Cereal w/ Honey Grahams Pancakes w/ Syrup	Banana Bread Cheerios Cereal w/ Honey Grahams NEW! Egg Scramble w/ Roasted Potatoes & Dinner Roll	NEW! Sweet Potato Sunrise Muffin w/ Banana Cinnamon Chex Cereal w/ Honey Grahams Breakfast Burrito	Conchita w/ String Cheese NEW! Apple Jacks Cereal w/ Honey Grahams Waffle w/ Syrup
16	17	18	19	20
Vanilla Concha Cheerios Cereal w/ Honey Grahams French Toast Sticks w/ Syrup	Mantecada Muffin NEW! Froot Loops Cereal w/ Honey Grahams Breakfast Burrito	NEW! Strawberry Yogurt Parfait w/ Cinnamon Granola Cinnamon Chex Cereal w/ Honey Grahams NEW! Maple Beef Sausage & Pancake Sandwich	NEW! Chocolate Chip Muffin Top NEW! Apple Jacks Cereal w/ Honey Grahams Egg & Cheese English Muffin Sandwich	Cinnamon Roll NEW! Froot Loops Cereal w/ Honey Grahams Egg & Cheese Empanada
23	24	25	26	27
Cinnamon Crumble NEW! Froot Loops Cereal w/ Honey Grahams Egg & Cheese English Muffin Sandwich	Yogurt w/ Honey Grahams Cinnamon Chex Cereal w/ Honey Grahams Pancakes w/ Syrup	Banana Bread Cheerios Cereal w/ Honey Grahams NEW! Egg Scramble w/ Roasted Potatoes & Dinner Roll	NEW! Sweet Potato Sunrise Muffin w/ Banana Cinnamon Chex Cereal w/ Honey Grahams Breakfast Burrito	Conchita w/ String Cheese NEW! Apple Jacks Cereal w/ Honey Grahams Waffle w/ Syrup
30				
Vanilla Concha Cheerios Cereal w/ Honey Grahams French Toast Sticks w/ Syrup				
Breakfast Includes:	Featured Fruit:		RevUp Rewards:	
Choice of 1% Low Fat White or Fat Free White Milk Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams	100% Fruit Juice 4 oz,Pear (1/2 C),Apple Slices (1/2 C),Apple (1/2 C),Banana (1/2 C), Orange (1/2 C),Dried Cranberries (1/2 C)		Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	

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