

September Snack



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
	NEW! Roasted Ranch Chickpeas Wheat Crackers & Seed Butter Pouch	NEW! Fruity Crisps Cheese Stick	Sunflower Seeds Pizza Crackers	Goldfish Pretzels
9	10	11	12	13
NEW! Ranch Crackers Giant Cinnamon Grahams	NEW! Chili Lime Rings Pizza Crackers	Cinnamon Granola	NEW! Hummus w/ Wheat Crackers Wheat Crackers & Seed Butter Pouch	NEW! Fruity Crisps Goldfish Cheddars
16	17	18	19	20
BBQ Poptillas Educational Snacks	NEW! Roasted Ranch Chickpeas Wheat Crackers & Seed Butter Pouch	NEW! Fruity Crisps Cheese Stick	Sunflower Seeds Pizza Crackers	Goldfish Pretzels
23	24	25	26	27
NEW! Ranch Crackers Giant Cinnamon Grahams	NEW! Chili Lime Rings Pizza Crackers	Cinnamon Granola	NEW! Hummus w/ Wheat Crackers Wheat Crackers & Seed Butter Pouch	NEW! Fruity Crisps Goldfish Cheddars
30				
BBQ Poptillas Educational Snacks				

Snack Includes:

All snacks meet 1oz eq Whole Grain, 1 oz eq M/MA, 3/4 C Fruit, and/or 3/4 C Vegetable
 Fruit Rotation: 100% Fruit Juice 6 oz, Pear (3/4 Cup), Apple (3/4 Cup)
 *All fruits meet 3/4 cup equivalent

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